

## Sharing Combo Platters

Category	Item	Ingredients	ALLERGENS
<b>SANDS Favourates Combo platter</b>	<b>Selection of home made breaded chicken breast goujons (1),</b>	Chicken breast, water, palm oil, starch, salt, coating (flour wheat, maize starch, wheat gluten, yeast, spices, sugar, R450, E500, yeast extract, palm oil).	gluten,
	<b>Italian stone baked tomato &amp; mozzarella pizzas (1)</b>	Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Mozzarella Full Fat Soft Cheese, Water, Tomato Purée, Buffalo Mozzarella Medium Fat Soft Cheese, Tomato, Rapeseed Oil, Garlic, Salt, Lemon Juice, Oregano, Citric Acid, Rapeseed Oil, Basil, Extra Virgin Olive Oil, Rapeseed Oil, Regato Medium Fat Soft Cheese, Lemon Juice, Garlic Purée, Low Sodium Sea Salt, Black Pepper, Semolina, Tomato Paste, Extra Virgin Olive Oil, Yeast, Salt, Basil, Potato Starch, Deactivated Yeast, Wheat Gluten.	gluten, milk
	<b>Mini vegetable samosas (1)</b>	Potatoes, wheat flour, water, vegetable oil, salt, peas, carrots, sweetcorn, green chillies, crushed red chillies, cumin, seeds, crushed coriander, onion seeds, ajwain seeds, mustard seeds	gluten, mustard
	<b>Crispy butterfly prawns (1)</b>	King prawns (crustaceans) rapeseed oil, water, maize flour, sugar, fortified wheat flour, calcium carbonate, iron, niacin, thiamin, glucose-fructose syrup, rice flour, cornflour, wheat flour, tapioca starch, barley malt vinegar, red chillies, chopped coriander, red chilli purée, ginger purée, raising agents (sodium hydrogen carbonate, disodium diphosphate), white pepper, flavouring, salt, concentrated lemon juice, dried garlic, garlic purée, paprika, colour paprika extract, sunflower oil, fermented soya bean, wheat, yeast.	gluten soya crustacean
	<b>Mini Honey &amp; mustard cocktail sausages (2) served with sweet chilli dip &amp; Ceasar dips</b>	Pork, Honey and Mustard Glaze [Honey, Dijon Mustard [Water, Mustard Seed, Vinegar, Salt], Water, Brown Sugar, Wholegrain Mustard [Mustard Seed, White Wine Vinegar, Water, Spirit Vinegar, Salt, Glucose Syrup, Fructose, Sugar, Turmeric, Tarragon], egg, Cornflour, Caramelised Sugar Syrup], Water, Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Salt, Dextrose, Parsley, Raising Agent (Ammonium Bicarbonate), Stabiliser (Diphosphates), Yeast Extract, Preservative (Sodium Metabisulphite), White Pepper, Black Pepper, Antioxidant (Ascorbic Acid), Nutmeg Extract, Mace Extract, Rapeseed oil, garlic, milk, soya beans, sugar, tamarind, onion, barley malt,	mustard, sulphites, gluten, egg, milk, soya
	<b>Selection of spicy chicken wings (2 per person)</b>	Chicken Wings, Sugar, Cornflour, Rice Flour, Tomato Powder, Red Chilli Powder, Potato Starch, Salt, Onion Powder, Garlic Powder, Cumin, Stabiliser (Sodium Triphosphate), Cayenne Pepper, Coriander, Oregano, Parsley, Dried Green Pepper, Dried Red Pepper, Sunflower Oil, Paprika Extract, Caramelised Sugar Syrup, Rapeseed Oil, Capsicum Extract, Maltodextrin.	
<b>Sands Spicy Combo Platter</b>	<b>Jalapeno pepper cheesy melts</b>	Milk, salt, lacti starters, starch, wheat flour, water, sunflower oil, jalapeno peppers, modified corn starch, cornflour, salt, wheat gluten, dextrose, E472e, spices, skimmed milk powder, E412, E415	milk, gluten
	<b>Mini Mexican spicy Burrito roll</b>	Brown rice, sweet potato, sweetcorn, spinach, paprika, chickpeas, black beans, red peppers, avocado, lime, Water, Onion Purée, Apple Purée, Balsamic Vinegar (Wine Vinegar, Grape Must), Red Jalapeño Peppers, Smoked Red Jalapeño Peppers, Salt, Vinegar, Sugar, Spirit Vinegar, Cornflour, Chipotle Chilli Powder, Tomato Paste, Plain Caramel, Rapeseed Oil, Smoked Paprika Powder, Salt, Garlic Purée, Yeast Extract, Dried Chillies, Acid Citric Acid, Xanthan Gum, Ground Cumin, butterbeans, jalapenos, Wheat Flour, Water, Palm Oil, Glucose, Salt, Raising Agents: E450, E500, Emulsifier: E471, Flour Treatment Agent: E920. Coriander.	gluten
	<b>Smokey chipotle Chicken skewer</b>	Chicken, Water, Onion Purée, Tomato Paste, Dark Brown Sugar, White Wine Vinegar, Chipotle Chilli Water, Smoked Red Jalapeno, Red Jalapeno Peppers, Salt, Spirit Vinegar, Red Jalapeno Chillies, Salt, Rapeseed Oil, Chipotle Powder, Cornflour, Smoked Paprika, Garlic Purée, Salt, Smoked Salt, Concentrated Lemon Juice, Acidity Regulator: Citric Acid	
	<b>Mini vegetable samosas</b>	Potatoes, wheat flour, water, vegetable oil, salt, peas, carrots, sweetcorn, green chillies, crushed red chillies, cumin, seeds, crushed coriander, onion seeds, ajwain seeds, mustard seeds	gluten, mustard
	<b>crunchy nachos served with a cooling sour Cream dip</b>	maize flour, salt, Water, Rapeseed Oil, Soured Cream (Milk), Whey Powder (Milk), Double Cream (Milk), White Wine Vinegar, Modified Maize Starch, Onion, Sugar, Salt, Dried Egg Yolk, Chive, Garlic Purée, Acidity Regulator (Lactic Acid), Stabiliser (Xanthan Gum), Yeast Extract, Preservative (Potassium Sorbate), Glucose Syrup, Maltodextrin, Flavouring	milk, egg
	<b>Homemade sweet potato falafels,</b>	Chickpeas, sweet potatoes, red pepper, rapeseed oil, onion, potato flake, apricots, dates, water, garlic, salt, bicarbonate of soda, coriander, cumin, parsley, cinnamon, white pepper, chilli flakes.	
<b>SANDS GREEK COMBO PLATTER</b>	<b>Creamy chickpea houmous,</b>	Chickpeas, Rapeseed Oil, Water, Salt, Garlic, sesame Granules. Lemon Juice, Extra Virgin Oil, E202, E111,	sesame
	<b>Cut crudities to include cucumber/carrot/peppers &amp; radish</b>	cucumber, carrot, peppers, radishes, tomatoes	
	<b>stuffed vine leaves</b>	Water, Onion, Rice, Vine Leaf, Extra Virgin Olive Oil, Salt, Dill, Spearmint, Acidity Regulator: Citric Acid; Black Pepper	
	<b>Marinated olives with creamy feta cheese</b>	Mixed Olives (Black Olives, Green Olives, Salt, Citric Acid; Ascorbic Acid), Feta Cheese (Sheeps' Milk, Goats' Milk), Sunflower Oil, Parsley.	milk
	<b>Served with pita</b>	Fortified Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)], Water, Yeast, Spirit Vinegar, Salt, Preservative (Calcium Propionate), Wheat Starch	gluten
<b>Indian Combo Platter</b>	<b>Spicy vegetable samosas,</b>	Potatoes, wheat flour, water, vegetable oil, salt, peas, carrots, sweetcorn, green chillies, crushed red chillies, cumin, seeds, crushed coriander, onion seeds, ajwain seeds, mustard seeds	gluten, mustard

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	mini onion bhajis,	Onion , Gram Flour, Rapeseed Oil, Coriander, Coriander Powder, Cumin Powder, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Red Chilli Purée, Cayenne Pepper, Onion Seeds, Rice Flour, Salt, Turmeric Powder	gluten,
	vegetable pakora,	Onion, flour, Potato , Gram Flour, Rapeseed Oil, Peas , Spinach, Coriander, Coriander Powder, Cumin Powder, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Green Chilli Purée, Rice Flour, Ground Black Pepper, Turmeric Powder, Salt.	gluten,
	chicken tikka skewers	Chicken,sugar, peeled mango slices, sugar cane vinegar, salt, chilli powder, ginger powder, garlic powder, turmeric powder,	
	Served with mango chutney & a cooling raita dip	Water, Yogur, Rapeseed Oil, Cucumber , White Wine Vinegar, Modified Maize Starch, Mint, Sugar, Salt, Pasteurised Egg Yolk Powder, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate).	milk, eggs
	Mini poppadoms	Lentils, Sunflower Oil, Salt, Raising Agent: Calcium Oxide; Rice Flour	
	Naan bread	Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Rapeseed Oil, Yeast, Sugar, Spirit Vinegar, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphate), Kalonji Seed, Salt, Preservative (Calcium Propionate), Dried Skimmed Milk	gluten, milk
<b>SUSHI &amp; ORIENTAL PLATTER</b>	<b>Futomaki vegetable roll</b>	Rice, cucumber, peppers, seaweed, soya beans, water, salt, ginger, spices	soya
	salmon and prawn nigiri	Cooked White Sushi Rice [Water, White Rice, Rice Vinegar, Sugar, Spirit Vinegar, Rapeseed Oil, Salt], Smoked Salmon , King Prawn, Water, Soya Bean, Salt, Vinegar, Black Sesame Seeds, Salt, Chive, Sugar	fish, crustacean, soya, sesame
	Roast Glazed Salmon Skewers	Salmon, salt, flour,garlic, honey, olive oil, lime, black pepper	fish, gluten,
	sweet chilli glazed king prawn skewer	Prawns, chilli, sugar, water, salt, garlic, monosodium glutamate, xanthan gum, acetic aci citric acid, potassium sorbate	crustacean ,
	Duck pancake rolls with hoisin sauce and salad garnish	Duck, wheat flour,Water, Sugar, Fermented Soy Bean (12%) (Soya Bean, Salt, Wheat Flour, Water), Modified Maize Starch, Colour (Plain Caramel), Sesame Oil (0.5%), Acidity Regulator (Acetic Acid), Star Anise, Five Spice Powder (Tangerine, Fennel, Szechuan Pepper, Star Anise, Clove Powder, Coriander Seed, Cardamom Seeds, Cumin Seed, Cinnamon Powder), Stabiliser (Xanthan Gum), Salt, iceberg lettuce, cucumber, spring onion.	gluten, soya, sesame,
	Served with a selection of dips - wasabi, pickled ginger and soya sauce	Horseradish , E420, Rice Bran Oil, Salt, Dextrin, Wasabi, Potato Starch, Water, Flavouring, Turmeric, Thickener: E415, Acid: E330, Colour: E133 , Ginger , Sugar, Vinegar, Water, Salt, soybeans, water, salt	soya