

Crowd Pleaser Finger Foods

Category	Item	Ingredients	ALLERGENS
Meat Eats	Southern Fried Chicken Goujons with a Sweet Chilli Dip	Chicken breast,maize starch, dextrose, salt,sodium triphosphosphate, breadcrumbs, Soya beans, egg, maple syrup, coriander, chilli flakes, ginger, water, sugar, chilli, salt, acetic acid, garlic, citric acid, modified corn starch	Gluten,Soya,Egg
	Duck Spring Rolls Served with Lettuce Cups, Herbs & Hoi Sin Sauce	Duck, Carrot, Rapeseed Oil, Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Spring Onion, Rice Flour, Onion, Sugar, Potato Starch, Soya Bean, Ginger Purée, Salt, Rice Vinegar, Sesame Oil, Cornflour, Stabiliser (Hydroxypropyl Methyl Cellulose), Yeast Extract, Cinnamon, Fennel, Garlic Purée, Wheat Flour, Black Pepper, Star Anise, Clove, Aniseed, Ginger lettuce, mixed herbs, Sugar, Water, Soy Bean, Salt, Wheat Flour, Salt, Modified Corn Starch, Colour: Plain Caramel; Sesame Seeds, Garlic, Five Spice, Acetic Acid, Preservative: Potassium Sorbate; Flavouring, Acidity Regulator: Lactic Acid.	Gluten,Soya,Sesame
	Mini Carbonara Tarts (Bacon Egg & Parmesan)	Pork, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite), eggs, parmesan, wheat flour, double cream, cheese, enzymes.	Egg,Milk,Gluten
	Crispy Chicken Dumplings Served with a Thai Dipping Sauce ()	Soybeans, water, salt, spirit vinegar, sugar, chilli, acetic acid, garlic, citric acid, modified corn starch maple syrup, coriander, chilli flakes, ginger, Chicken, Cabbage, White Onion, Spring Onion, Soy Sauce (Water, Soya Beans, Wheat, Salt), Ginger, Yeast Extract, Garlic, Chicken Stock (Chicken, Salt), Sesame Oil, Textured Soya Protein, Sugar, Salt, Water, Black Pepper, Turmeric, Wheat Flour, Water, Tapioca Starch, Wheat Gluten, Rapeseed Oil, Salt, Turmeric	Soya,Gluten,Sesame,Sulphites
	Katsu Chicken Sesame Sushi Rolls with a Katsu Curry Dip ()	Chicken Breast Inner Fillet, Water, Palm Oil, Tapioca Starch, Salt, Coating (Flour (Wheat), Starch (Maize, Tapioca), Wheat Gluten, Salt, Yeast Extract, Spice (Black Pepper), Sugar, Raising Agent, (E450, E500), Yeast, Palm Oil), sesame, rice, nori, Rapeseed oil onion, carrots, garlic, ginger, curry powder, turmeric.	Sesame,Gluten
	Mini Rare Steak Sandwich, Dijon Dill Mayo, Crispy Onions, Parmesan ()	Beef, onions, parmesan, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, mustard, Pasteurised EGG Yolk, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzoate), dill, Flavouring, lutein, soya bean, wheat flour, calcium carbonate, iron, thiamin, niacin, yeast	Gluten,Milk,Eggs,Mustard, Soya
	Yorkshire puddings topped with horseradish & roast beef	Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Skimmed Milk, Pasteurised Egg White, Pasteurised Egg, Beef Dripping , Rapeseed Oil, Salt, Emulsifier (Sunflower Lecithins), Beef, Salt, Pepper, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzoate), Flavouring, Natural Colour (Beta Carotene)], Spirit Vinegar (SULPHITES), Horseradish, Turnip, Rapeseed Oil, Water, Glucose Fructose Syrup, Sugar, Flavourings, Salt, Pasteurised EGG Yolk Powder, Thickener (Xanthan Gum), MUSTARD Flour, Preservative (Sodium METABISULPHITE)]	Gluten,Milk,Eggs,Mustard, Sulphites
	Honey mustard pork chipolatas	British Pork , Salt, Rice Flour, Gram Flour, wheat flour,Onion Powder, White Pepper, Sage, Nutmeg, Preservative: Sodium Metabisulphite (Sulphites); Coriander, Antioxidant: Ascorbic Acid; Maize Starch, Stabiliser: Disodium Diphosphate; Ginger, Chilli Powder, Cloves, Dextrose. Mustard	Gluten,Sulphites,Mustard
Chicken Kebab Life	Grilled Chicken on Skewers for Easy Eating	Chicken, herbs, lemon juice, potassium metabisulphite	Sulphites
	Sticky Miso Chicken with a Thai Dipping Sauce	Chicken, Soybeans, water, salt, spirit vinegar, sugar, chilli, acetic acid, garlic, citric acid, modified corn starch maple syrup, coriander, chilli flakes, ginger	Soya,Sulphites
	Peanut Satay	Coconut extract, onion, peanut, water, sugar, palm oil, tamarind extract, spices, chilli powder, salt, E1442, chicken, Soybeans, water, salt, spirit vinegar(sulphites), sugar, chilli, acetic acid, garlic, citric acid, modified corn starch maple syrup, coriander, chilli flakes, ginger	Peanuts,Soya,Sulphites
	Mango Curry Chicken with Mint Yogurt Raita	Chicken, turmeric, coriander, cumin, paprika powder, ginger ground, garlic powder, black pepper, laurel leaves,fenugreek powder, Sugar Syrup, Mango, Salt, Ginger, Chilli, Garlic, Acetic Acid (E250), greek yogurt, garlic, ginger, coriander, mint, lime juice, cucumber, coriander, cumin, pimento, nutmeg, pepper, cardamon, cloves, fennel, bay leaves.	Milk,Sulphites
	Cajun Chicken with Chipotle Mayo	chicken, salt, paprika, dried onion, cayenne pepper, garlic powder, cumin, black pepper, thyme, dried chilli, oregano, white pepper, citric acid, silicon dioxide, water, rapeseed oil, glucose fructose syrup, spirit vinegar, maltodextrin, chipotle chilli powder, white wine vinegar, potassium metabisulphite, malic acid, modified maize starch, pasteurised egg yolk, mustard, smoked paprika, salt, dried crushed chillies, dried red peppers, onion powder, potassium sorbate, xanthan gum, yeast extract, lactic acid, cayenne pepper, sunflower oil.	Egg,Mustard,Sulphites

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	Caesar! with Caesar Dip	Chicken,Rapeseed oil, water, spirit vinegar, water, dried garlic, citric acid, medium fat hard cheese, lysozyme from egg, salt, lemon juice, potassium metabisulphite, wheat flour, yeast, salt, dried onion, xanthan gum, sugar, pasteurised egg yolk, mustard,malt vinegar from barley, sugar, molasses, soya beans, wheat, tamarind concentrate, ground white pepper, chilli pepper, ground ginger, ground cloves, acetic acid, potassium sorbate, natural flavouring, milk, iceberg letuce spinach, rocket, beensprouts	Egg,Milk,Soya,Gluten,Sulphites,Mustard
	Basil Pesto with a Sun-Dried Tomato Vinaigrette	Sunflower oil, basil, cashew nuts, palm oil, grated cheese, salt garlic, ascorbic acid, tomatoes, rapeseed oil, salt, garlic, oregano, red wine vinegar, potassium metabisulphite.	Nuts,Sulphites,Milk
Veggie Eats	Spiced Vegetable Samosas with a Mango Chutney Dip	Vegetables, potatoes, carrots, wheat flour, water, salt, palm oil, sunflower oil, cumin seed, mustard seed, green chillies, herbs, spices, salt ,sugar, citric acid ,sugar, peeled mango slices, sugar cane vinegar, potassium metabisulphite, salt, chilli powder, ginger powder, garlic powder, turmeric powder.	Gluten,Mustard,Sulphites
	Vegetable Spring Rolls with a Sweet Chili Dip	cabbage, carrot, bean sprouts, onion, red peppers, green peppers, sweetcorn, corn oil, water , celery, white radish, sunflower oil, corn starch, salt, sugar, yeast extract, soybean, wheat flour, garlic ,chilli powder, black pepper, ginger, aniseed, fennel, tangerine peel, cassia pepper, citric acid, white pepper, wheat flour, water, sugar, chilli, acetic acid, modified corn starch,	Celery,Soya,Gluten
	Mini Spinach & Parmesan Florentine Quiches	Wheat flour,rye flour, spelt, butter, wheat starch, cocoa butter, sugar, isomalt, trehalose, salt, barley malt extract, wheat fibres, skimmed milk powder, soya flour, soya lecithin, E464, parmesan, spinach, eggs, double cream, cheese.	Gluten,Milk,Soya,Eggs
	Chickpea Tahini Falafels With a Beetroot Yogourt Dip	Chickpeas, red pepper, rapeseed oil, onion, potato flake, dried apricots,potassium metabisulphite, rice flour, dried dates, water, garlic powder, salt , bicarbonate of soda, ground coriander, ground cumin, dried parsley, ground cinnamon,white pepper, chilli flakes, organic betroot powder, greek yogurt, live cultures, sesame.	Milk,Sesame,Sulphites
	Our Masala Sesame Veggie Sausage Rolls with Mint & Yogurt Raita	Carrots, Green Peppers, Peas, Canellini Beans, Potatoes, Onion, Sweetcorn, White Rice, Dried Potato, Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sunflower Oil, Rapeseed Oil, Potato Starch, Rice Flour, Gram Flour, Yeast Extract, Salt, Onion Salt, Cocoa Fat, WHEAT Starch, Sugar, Sage, Parsley, White Pepper, Mace Extract, Onion Powder, WHEAT GLUTEN, Garlic Powder, Juniper Berries, yogurt, live cultures, mint, lemon juice(sulphites), sesame, turmeric, coriander, cumin, paprika powder, ginger ground, garlic powder, black pepper, laurel leaves, fenugreek powder .	Gluten,Sulphites,Milk,Sesame
	Cucumber Wasabi & Sesame Sushi Rolls Sprinkled with Crispy Onions with a Wasabi Mayo Dip	cucumber, sushi rice, seaweed, rice vinegar, horseradish, E420, E415, E330, E133, rice bran oil, salt, dextrin, wasabia japonica, wheat starch, water, flavouring, turmeric, sesame, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, mustard Salt, Acidity Regulator (Acetic Acid), lemon juice, potassium metabisulphite,soya bean, Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (lutein),Onion, wheat flour, Vegetable Oil, Salt .	Sesame,Soya,Eggs,Mustard ,Sulphites,Gluten
	Crispy Cheesy Mozzarella Bites with a Smokey Mayo	Milk, salt, lactic starters, starch, wheat flour, water, sunflower oil, jalapeno pepper, E260, modified corn starch, corn flour, dextrose, E472e, spices, skimmed milk powder, E412, E415, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (lutein), smoked paprika.	Milk,Gluten,Eggs,Mustard
	Spinach pakoras served with minty yogurt dip & fresh corriander	Onion, gram flour batter, Spinach, potato and spices, rapeseed oil, sodium bicarbonate, salt, greek yogurt, live cultures, mint, coriander	Milk
Fish and Seafood Eats	Crispy Butterfly Prawns with a Sweet Chilli Dip	Prawns, water, salt, E332i, E330, modified tapioca starch, calcium carbonate, wheat flour, tapioca starch, sugar, salt, E412, palm oil, E635, breadcrumbs, yeast, E491, E414, amylase, water , sugar, chilli, salt, acetic acid, garlic, citric acid, modified corn starch.	Crustacean,Gluten,Sulphites
	Smoked Salmon, Wasabi & Nigella Nigiri with Wasabi Mayo	Smoked salmon, sushi rice, salt, sugar, seaweed, rice vinegar, horseradish, E420, E415, E330, E133, rice bran oil, salt, dextrin, wasabia japonica, starch, water, flavouring, turmeric, sesame, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, mustard, lemon juice, potassium metabisulphite, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (lutein)	Fish,Sesame,Eggs,Mustard, Sulphites

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	Mini Salmon en Croute Bites with Tartar Sauce	Salmon, Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine, Water, Wheat Gluten, Concentrated Lemon Juice, Sugar, Preservative (Potassium Sorbate), Colour (Beta-Carotene, Water, Rapeseed Oil, Gherkins, potassium metabisulphite, Sugar, Stabiliser: Modified Maize Starch (E1422), Spirit Vinegar, Egg Yolk Powder (Pasteurised Egg Yolk, Salt, Maltodextrin), English Mustard (Water, Mustard Flour, Salt, Turmeric), Preservative: Acetic Acid (E260), Salt, Capers, Stabiliser: Xanthan Gum (E415), Dill Flavour, Preservative: Potassium Sorbate (E202)	Fish,Gluten,Eggs,Mustard, Milk,Sulphites
	King Prawn & Pea Guac on a Wholemeal Crostini	Prawns, peas, coconut milk, coconut cream, water, tapioca starch, live vegan cultures,lime juice, potassium metabisulphite, WHEAT Flour, Water, Whole WHEAT Flour, Yeast, Iodised Salt, Gluten (WHEAT), Malt Flour (WHEAT), Roasted Malt Flour (WHEAT), marjoram,thyme, parsley, basil, savory, rapeseed oil.	Crustaceean,Gluten,Sulphites
	Asian Roast Salmon Kebabs with a Sweet Chilli Dip	Salmon, salt, pepper, water, soybeans, spirit vinegar,sugar chilli, potassium metabisulphite, acetic acid, garlic, citric acid, modified corn starch, ginger, chilli flakes, coriander, maple syrup.	Fish,Soya,Sulphites
Vegan Eats	Bombay Vegetable Bon Bons with a Coconut & Lime Yogurt Dip (No Gluten)	Coconut milk , live cultures, lime , potatoes, carrots, chilli, Garam masala, salt	
	Pea Guacamole on Wholemeal Crostini with Nigella Seeds	Peas, coconut milk, coconut cream, water, tapioca starch, live vegan cultures, WHEAT Flour, Water, Whole WHEAT Flour, Yeast, Iodised Salt, Gluten (WHEAT), Malt Flour (WHEAT), Roasted Malt Flour (WHEAT), black cumin seeds	Gluten
	Sesame Baked Tofu with a Miso Dipping Sauce (. No Gluten)	Soya beans, water, calcium sulfate, E900, salt, pepper, water, soybeans, spirit vinegar,potassium metabisulphite, sugar chilli, acetic acid, garlic, citric acid, modified corn starch, ginger, chilli flakes, coriander, maple syrup, sesame, rice, salt.	Soya,Sesame,Sulphites
	Mini 'Toona' No Fish at All 'Cakes' With Lemon & Caper Mayo (Chickpea, dill, lemon juice,Cucumbers, Acetic Acid, Salt, Onions, Mustard Seeds, Flavouring, Saccharin, Calcium Chloride, Riboflavin, capers, rapeseed oil, spirit vinegar,sugar, salt, modified starch, xanthan gum, potassium sorbate, lemon juice concentrate, potassium metabisulphite, natural flavouring, turmeric, paprika extract, Rapeseed Oil, Modified Starch, Sugar,	Mustard,Sulphites